

TE4CHING
T LEARNING @UNIPD

Persone, Ambienti, Didattica:
verso un modello integrato per l'innovazione



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18 e 19 maggio 2023



Humanitarian medicine
“Thinking Global, Acting Local”

Speaker/Relatore:

Duarte Baptista
Margarida Correia Neves



University of Minho
School of Medicine



“For a more humane medicine”



Dedicated to future Medical Doctors committed to mitigate social and health inequalities with their daily work.

**Idealized, conceptualized
and promoted by students
to students.**

- Part of the Integrated Master in Medicine (second year),
- Elective 4 weeks course,
- Two editions 2021/22 and 2022/23 (20 and 30 students, respectively).



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... back in 2017

The notion on how privileged we are and how little we know about Medicine in other countries with fewer resources.



Portugal



PALOPs

Portuguese-
speaking African
countries



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... several months of hard work...



...training ... volunteer work ...fund raising...



Portugal



PALOPs

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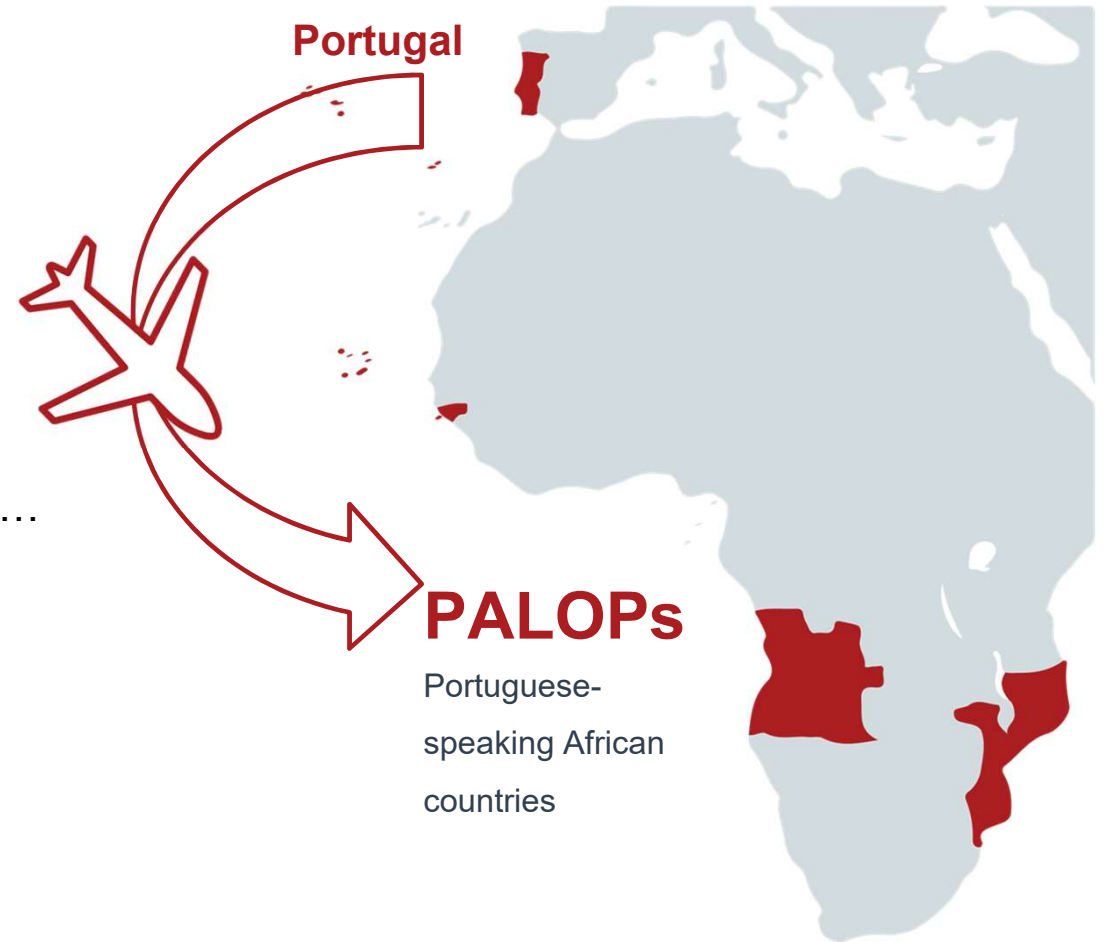
... several months of hard work...



...training

... volunteer work

...fund raising...





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Summer 2018 and the following years

Learning with health professionals on how to provide health care with very limited resources and respecting cultural and religion diversities.





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**Back to
Braga,
Portugal**



Portugal



PALOPs

Portuguese-
speaking African
countries





Is our school stimulating the future medical doctors to **work across borders** in disadvantageous regions and/or upon disasters?

Is our school preparing the future medical doctors to **deal with patients belonging to diverse minorities** and vulnerable populations on a daily basis?

Are we dedicating enough time and energy understanding **how to promote human rights** daily?



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Humanitarian medicine



Thinking global



Human rights;
Global healthcare;
Humanitarian crises;
Cultural and religious singularities on health and society.

Acting local



Romani community;
Refugees;
Inmates and ex-inmates;
Sex workers;
People with drug addiction;
Poverty.

Hands on approach

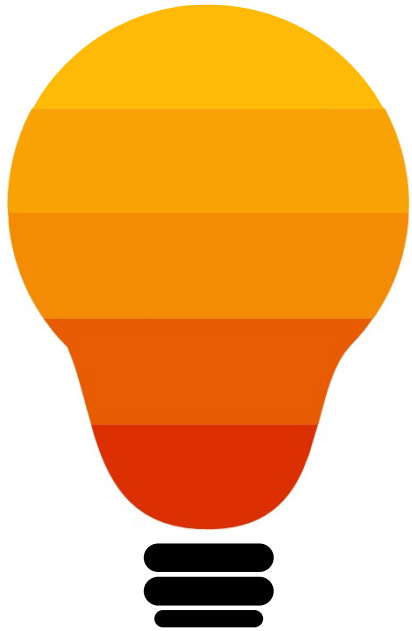


Humanitarian projects;
Health intervention projects;
Clinical communication with ethnic minorities and specific populations.



Faculty

To appropriately cover these subjects the expertise of the faculty was complemented with a set of invited guests with a relevant professional life experience on the various topics.





Invited lecturers – specific subjects

People with drug addiction

Pedro Frias Gonçalves



Refugees

Pedro Amaro Santos



Romani community



David Rodrigues



Israel Paródia

Sex workers

Alexandra Oliveira



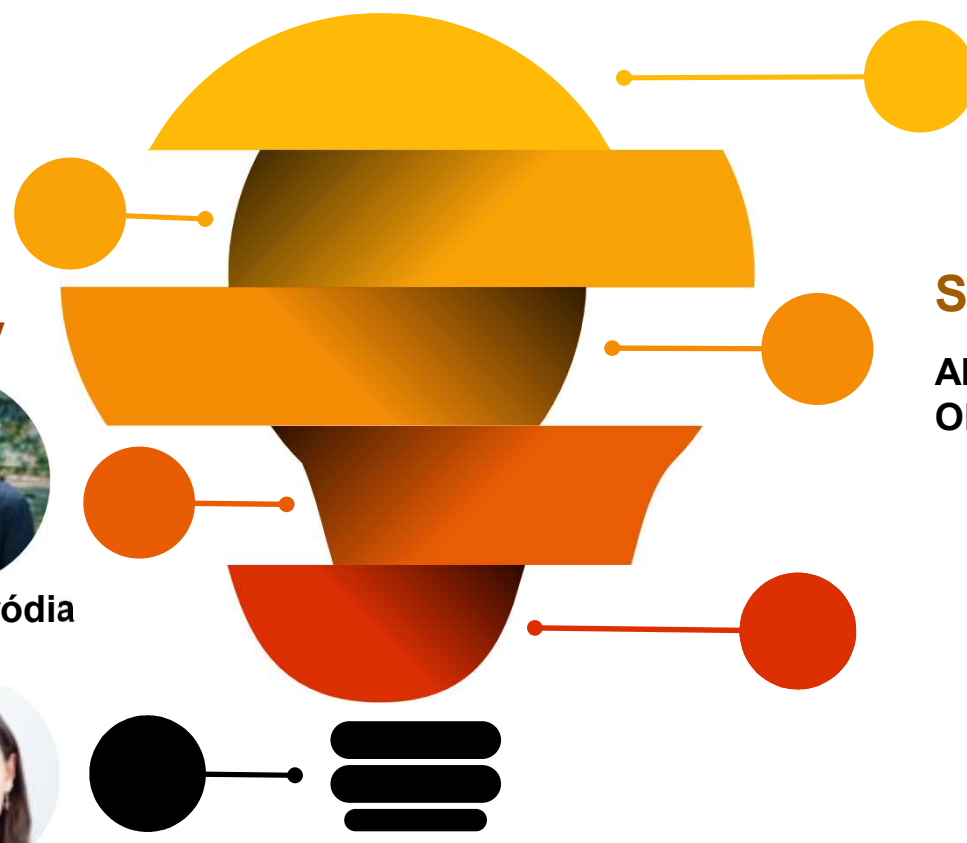
Poverty

Mariana Esteves



Cultural and religious differences

Gustavo Carona





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Yes, those are
the teachers

First group of students and core faculty





How to commit the students even before starting?

- Students were invited to integrate a **WhatsApp group**;
- During the summer holidays instructors and students **shared information**: news, podcasts, books.





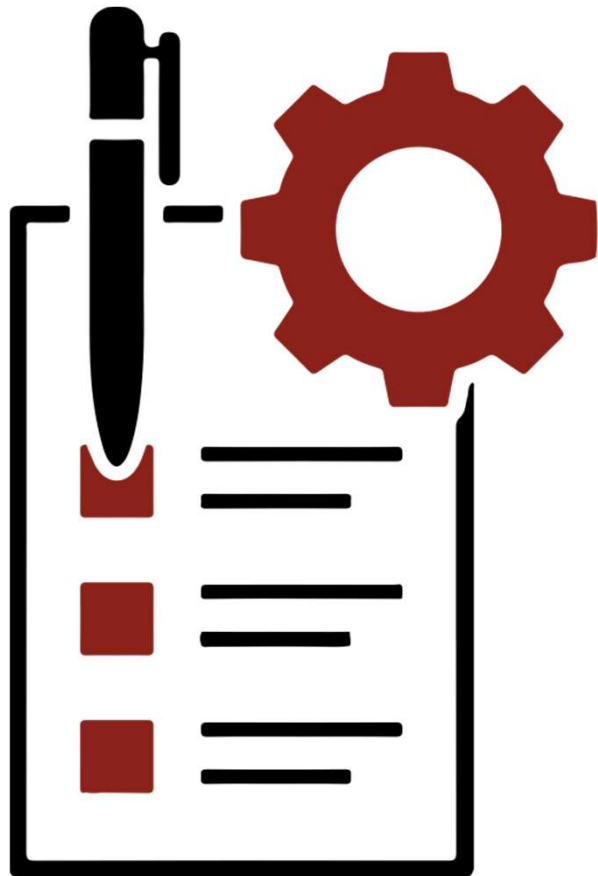
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**How to promote the implementation of the
knowledge acquired?**

Can we promote changes in attitudes?





Evaluation

Main component

Health intervention project

addressing specifically a vulnerable
and/or minority community.



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Examples of intervention projects prepared by the students

2021/22

"Feeding the Future"
Education of children from the romani community to improve eating habits

Intervention to promote psychosocial well-being and reduce isolation among street sex workers in the Porto area

Intervention project:
Education for Mental Health to the inmate population of the common regime of PI Sta. Cruz do Bispo Males

Literacy in gypsy culture for future physicians: an intervention project

2022/23

Integration and educational support for 1st year international students at the University of Minho School of Medicine

"TRAINING IN COMMUNICATION AND ADAPTED SUPPORT FOR PEOPLE WITH MOTOR DISABILITIES - AN INTERVENTION PROJECT FOR AN ADAPTED SCHOOL OF MEDICINE"

PROJETO DE INTERVENÇÃO

Economical literacy for the population living at the prison in Guimarães

UM PROJETO DE INTERVENÇÃO

How do medical students at the University of Minho act towards drug addicts?

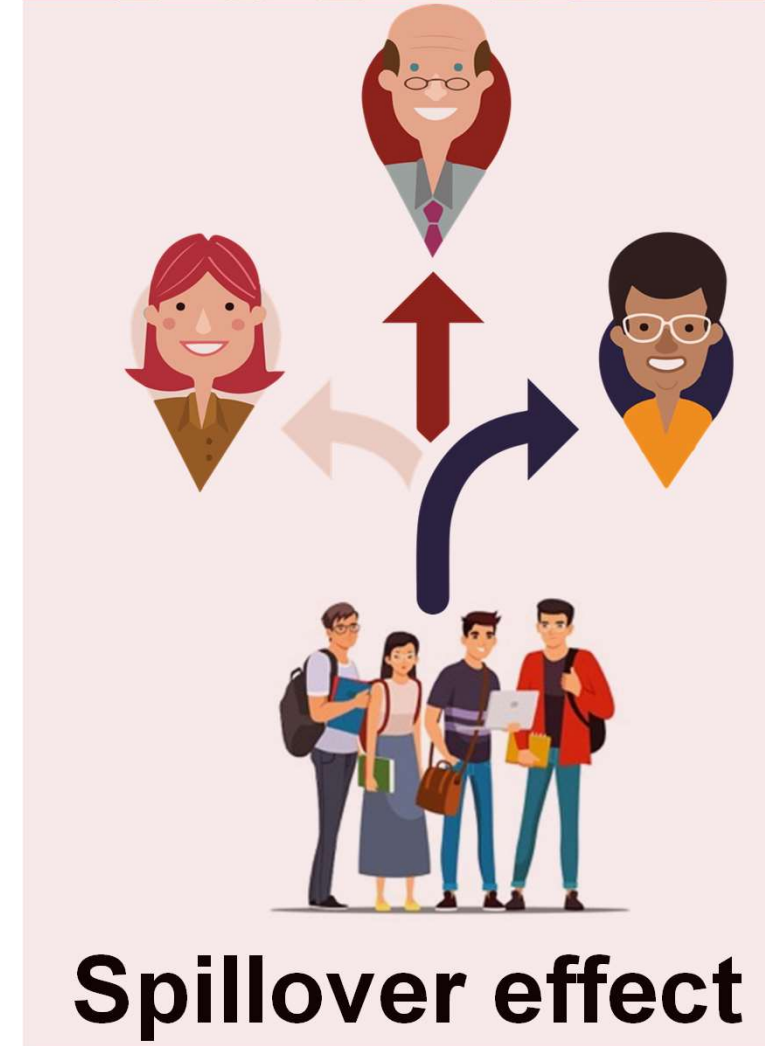
An Intervention project

Medicina Humanitária



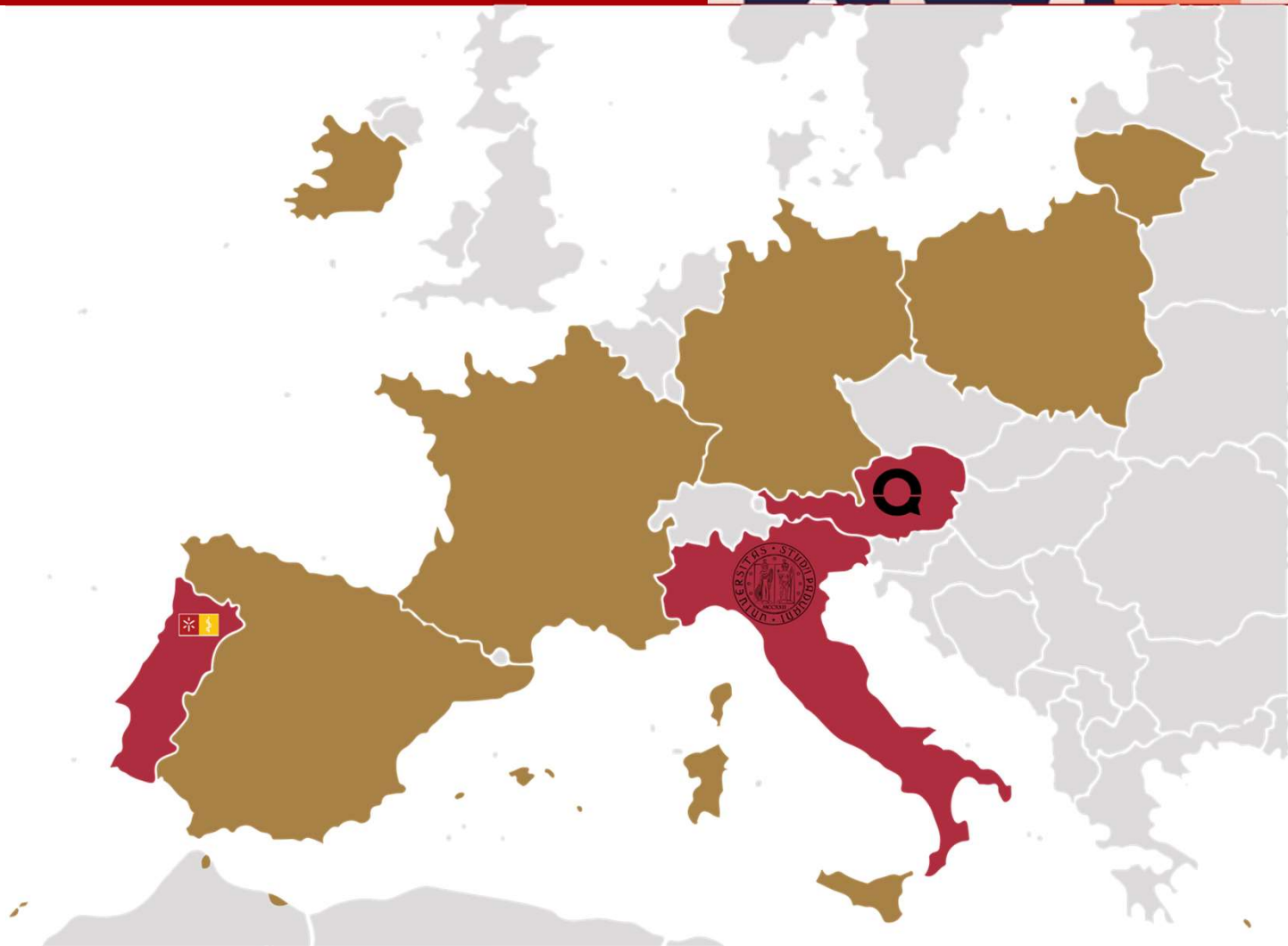
Indirect effects of this course:

- fosters the collaborations between the Medical School and diverse institutions in the community;
- promotes the discussion about human rights, vulnerable populations and minorities;
- improves the integration of students coming from African Portuguese speaking Countries;
- new clinical cases, as part of other curricular units, addressing health issues from vulnerable and minority populations.





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A special Thanks to all professionals and activists that took the time to share their experience with us

- **Comunidade Cigana:** Vanessa Matos; David Rodrigues (Cruz Vermelha Portuguesa); Israel Paródia
- **Medicina do Viajante:** Mariana Abreu
- **Refugiados e requerentes de asilo:** Ana "Lokas" Cruz; Meeru; Pedro Amaro Santos
- **Toxicodependência:** Dr. Pedro Frias Gonçalves; Dr. João Goulão (SICAD); Dr. Luís Correia e Dr. Luís Machado (Projeto Homem)
- **Trabalhadores do Sexo:** Alexandra Oliveira (APDES)
- **Reclusos:** Tiffany Costa e Duarte (CAOJ)
- **Zonas Desfavorecidas e Crises Humanitárias em PALOP's:** Lucio Lara Santos; Zito; Delmar Muttereda
- **Condicionamentos Culturais e Religiosos e a respetiva atuação em missão humanitária:** Gustavo Carona
- **Missão: Regras Essenciais e Preparação Clínica e Prática:** Maria José Costeira; André Carvalho
- **Masterclass: Desenvolvimento Sustentável:** Pedro Pedrosa
- **Desigualdades Sociais:** Susana Peralta
- **Deficiência Motora:** Catarina Oliveira
- **Voluntariado:** Raúl Manarte
- **Masterclas: Pobreza:** Mariana Esteves
- **Saúde Pública:** Bernardo Gomes
- **Direitos Humanos:** Patrícia Jerónimo





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MinhoMD

Humanitarian medicine

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