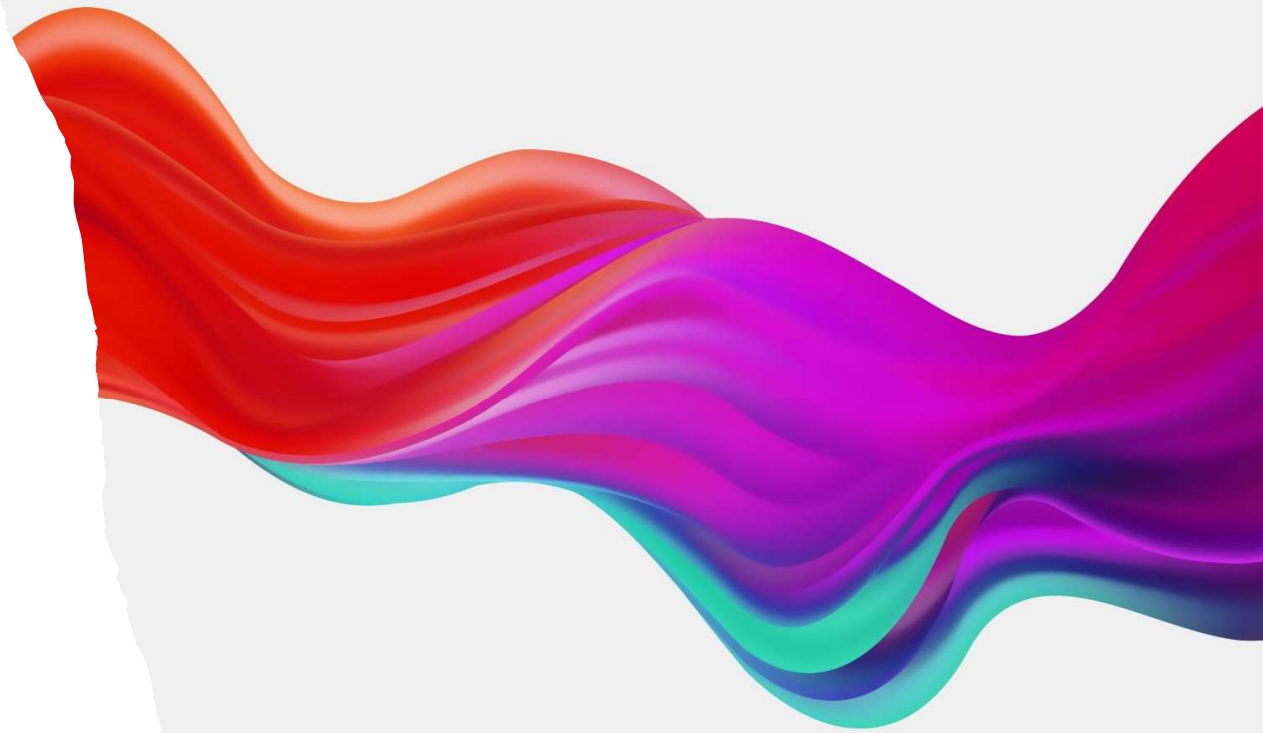


EMOTIONS: THE STEPCHILD OF CLASSROOM INNOVATION

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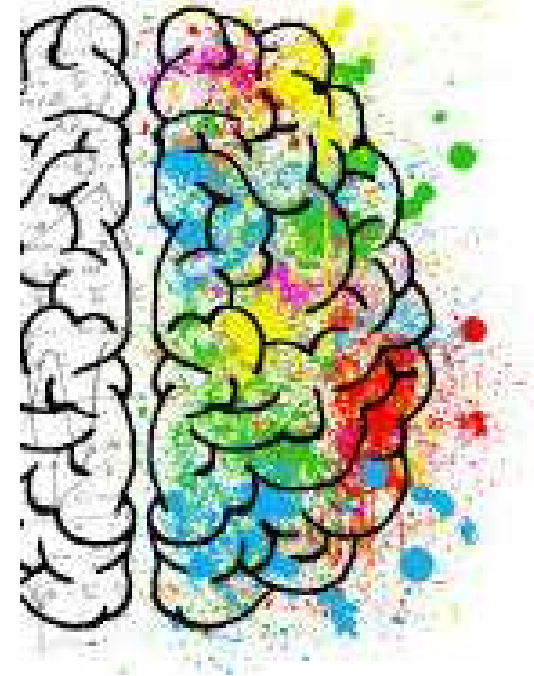
THE UBIGUITI OF EMOTIONS IN THE CLASSROOM



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WHY EMOTIONS IN THE CLASSROOM

If you want to grab the attention of your students, mobilize their efforts, prolong their persistence, permanently change how they see the world, and maximize what they will retain of the material you're teaching over the long term, then there is no better approach than to target their emotions" (Cavanagh, 2016, xiii).





AGENDA

- Ubiquity of Emotions
- Meaning of Emotions
- Emotions in Higher Education
- Emotions and Cognition
- Engaging Emotions in the Classroom

EMOTIONS IN HIGHER EDUCATION

- Emotions free zones (Beard, Clegg & Smith, 2005, p. 236)
- Off limits
- Detracts from reasoning and critical thinking
- Emotions and rationality are incompatible





RELATIONSHIP BETWEEN EMOTIONS AND REFLECTION

- Historically seen as separate from cognition
- Contemporary research – emotions and cognition – dynamically linked

“Purely objective reasoning cannot determine what to notice, what to attend to and what to inquire about” (Van Woerkom, 2010, p. 348).

ROLE OF EMOTIONS IN COGNITION: VALENCE



- Emotions – prioritize outside our awareness, motivation for action
- Emotions – guide the process of reasoning
- Emotions – catalyst for critical reflection



POWER OF ENGAGING EMOTIONS

- Emotions harness attention
- Emotions maximize memory
- Emotions and empathy – critical reflection
- Emotions fosters motivation

EMOTIONAL TRANSMISSION/CONTAGION

- Shared emotions
- Expressive instructor –
Expressive students
- Double edge sword



ENGAGING EMOTIONS IN THE CLASSROOM

- Prepare/Plan in Advance
- Practice Mindfulness
- Get Emotional
- Foster greater Transparency
- Bring yourself into the Lecture
- Practice Immediacy
- Let students



CONCLUSIONS

- Engaging emotions is not about being an entertainer.
- Teaching is not always about making things positive.
- Recognizing upfront, every time we prepare to teach, that we are human and as well are our students.

