



Padova, 25 ottobre 2022

## QUANDO LA CURA È LO SPORT

**Da giovedì 27 a sabato 29 ottobre l’Orto botanico di Padova ospita il X congresso europeo di “Exercise is Medicine”, che includerà anche l’incontro sportivo “Aspettando la Corri X Padova”**

Come viene affrontata la medicina dello sport e dell’esercizio fisico in Europa? Quali sono i progressi dell’ultimo decennio? Come impattano le condizioni ambientali sullo sport? E ancora, qual è la prospettiva europea futura per gli specialisti dell’esercizio fisico in ambito sanitario?

Questi sono solo alcuni dei temi che verranno affrontati **da giovedì 27 a sabato 29 ottobre all’Orto botanico di Padova** (via Orto Botanico, 15) durante il **X Congresso della European Initiative for Exercise in Medicine**, un’iniziativa sanitaria globale gestita dall’American College of Sports Medicine (ACSM) con l’obiettivo di rendere la valutazione e la promozione dell’attività fisica uno standard nell’assistenza sanitaria. “Exercise is Medicine” si impegna a promuovere lo sport per il mantenimento di una salute ottimale, considerandolo parte integrante nella prevenzione e nel trattamento di molte condizioni mediche. L’evento è organizzato da Exercise is Medicine – EIM® Italy, sotto l’egida del Dipartimento di Medicina, in collaborazione con Motore Sanità.

«Il Congresso, grazie al contributo di relatori di alto profilo nazionale ed internazionale, si prefigge di diffondere le evidenze sempre più cospicue riguardo i benefici dell’esercizio fisico in diverse condizioni fisiologiche e patologiche, spaziando dalla valutazione funzionale fino alla prescrizione e somministrazione di esercizio fisico individualizzato e adattato» **spiega Roberto Vettor, direttore del Dipartimento di Medicina (DIMED) dell’Università di Padova e membro di EIM Italy.**

Le tre giornate saranno suddivise in sessioni e affronteranno il tema dello sport in medicina da diverse prospettive: si parlerà di valutazione dell’implementazione dell’attività fisica nei contesti sanitari, di aspetti finanziari degli interventi di attività fisica da un punto di vista medico ed economico, di allenamento adattato all’esercizio come terapia a bersaglio molecolare per le malattie croniche. E ancora, monitoraggio con sensori e salute digitale nel diabete, implementazione e impatto di Moving Medicine – una risorsa di e-health per la promozione dell’attività fisica, allenamento per i pazienti affetti da obesità, modalità di esercizio per i pazienti affetti da cancro, rischi e benefici degli interventi di esercizio clinico in montagna, dell’immersione in apnea e con autorespiratore per i pazienti con malattie croniche, interazione tra dieta, alterazioni genetiche ed esercizio fisico sui fattori di rischio cardiovascolare negli adolescenti, ruolo del movimento negli anziani.

«Sappiamo bene, da anni, che l’esercizio fisico è un pilastro fondamentale nei piani di prevenzione ma anche – e questa è una consapevolezza più recente – uno strumento fondamentale nella terapia delle malattie croniche non trasmissibili» **aggiunge Antonio Paoli, prorettore al benessere e allo sport dell’Ateneo patavino.**

«L’Università di Padova è particolarmente lieta di poter ospitare questo evento all’Orto botanico; l’attenzione al benessere, agli stili di vita sani e all’esercizio fisico come componenti fondamentali della salute per tutta la comunità accademica è infatti uno dei punti caratterizzanti dell’attuale governance di Ateneo. Non a caso la rettrice Daniela Mapelli ha fortemente voluto un prorettorato dedicato proprio ai temi del benessere e dello sport, dimostrando una grande capacità di visione e di

innovazione. Questo congresso internazionale si inserisce nella visione, ormai pienamente accettata dalla comunità scientifica, dell'esercizio fisico come presupposto fondamentale per una vita lunga e sana» **conclude Paoli.**

L'evento include anche l'incontro sportivo **“Aspettando la Corri X Padova”**: **giovedì 27 ottobre, alle 20.30, partendo da Prato della Valle** i cittadini potranno sperimentare i benefici dell'attività fisica della corsa e della camminata attraverso due possibili percorsi all'interno della città, uno da 8 km e uno da 5 km. Dalle 19.30, negli stand di Exercise is Medicine sempre in Prato della Valle, sarà inoltre possibile ottenere una consulenza personalizzata sull'attività fisica (anche per persone con patologie) e ritirare le magliette ufficiali dell'evento (fino ad esaurimento scorte). Sono previsti assistenza, scorta tecnica e riscaldamento pre-corsa/camminata con personale qualificato. L'appuntamento è gratuito e non è necessaria l'iscrizione.

La conferenza è principalmente (ma non esclusivamente) rivolta a medici professionisti dell'ambito sanitario e a chinesiologi e mira ad implementare l'utilizzo della prescrizione di esercizio nella popolazione generale e nell'ambito dei Sistemi Sanitari.

L'evento si inserisce nelle celebrazioni per l'anniversario degli 800 anni dalla fondazione dell'Università di Padova.

Per informazioni sul congresso:

<https://exerciseismedicine.it/congressi/#padova-2022>

Per informazioni sulla “Aspettando la Corri X Padova”:

<https://www.facebook.com/events/681333783337784/>

Promoter organisation



DIPARTIMENTO DI  
MEDICINA - DIMED

# 10<sup>th</sup> EIEIM CONFERENCE EXERCISE IS MEDICINE PADOVA 2022

27-28-29th October, 2022

Botanical Garden, Padova



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DEGLI STUDI  
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# 10<sup>th</sup> EIEIM CONFERENCE PADOVA 2022

## EIM Italy organising Board:

**Veronica Baioccato**<sup>1</sup>  
**Francesca Battista**<sup>1</sup>  
**Federica Duregon**<sup>1</sup>  
**Andrea Ermolao**<sup>1</sup>  
**Giulia Focardi**<sup>1</sup>  
**Giuseppe Marcolin**<sup>2</sup>  
**Tatiana Moro**<sup>2</sup>  
**Daniel Neunhäuserer**<sup>1</sup>  
**Sara Ortolan**<sup>1</sup>  
**Giulia Quinto**<sup>1</sup>  
**Marco Vecchiato**<sup>1</sup>

<sup>1</sup> Sports and Exercise Medicine Division, Department of Medicine, University of Padova

<sup>2</sup> Department of Biomedical Sciences, University of Padova

## Scientific Board:

**Roberto Vettor**, Head of the Department of Medicine, EIM Italy, University of Padova  
**Antonio Paoli**, Vice-Rector for Wellness and Sport, University of Padova  
**Andrea Ermolao**, Head of the Sports and Exercise Medicine Division, Department of Medicine, EIM Italy, University of Padova  
**Daniel Neunhäuserer**, Assistant Professor at the Sports and Exercise Medicine Division, Department of Medicine, EIM Italy, University of Padova, EIM Global  
**Jürgen Steinacker**, Chair of the European Initiative for Exercise in Medicine (EIEIM), University of Ulm, Germany  
**Rüdiger Reer**, Board Member of the European Initiative for Exercise in Medicine (EIEIM), University of Hamburg, Germany  
**Willem Van Mechelen**, Board Member of the European Initiative for Exercise in Medicine (EIEIM), Amsterdam UMC, The Netherlands

**And with the collaboration of Exercise is Medicine Global**

## Organisational Secretariat:

**Provider ECM ID 1884 DIMED** - Medicine Department Padova  
University  
**Motore Sanità**

**Contact address:** [info@exerciseismedicine.it](mailto:info@exerciseismedicine.it)

**HYBRID EVENT**, onsite and online





# DAY 1 PRE CONFERENCE

27 10 22 - from 12:00 to 21:00



**12:00 - 13:00**

## EIM Team Building

Title: **EIM National Centers from around the world meet EIM Italy**

Participants: **EIM National Centers**

Type of activity: **Social event upon invitation**

**13:00 - 14:00**

## EIM-Italy: Initiatives and future perspectives

Title: **EIM-Italy: National Center Meeting**

Participants: **EIM-Italy representatives**

Type of activity: **Meeting upon invitation**

**14:00 - 15:30**

## EIM Europe: Initiatives and future perspectives

Title: **EIEIM - EIM Europe National Centers Meeting**

PARTICIPANTS: **EIEIM, EIM Europe National Centers**

Type of activity: **Meeting upon invitation**

**14:00 - 15:30**

## Pre-conference registration

**15:30 - 15:45**

## Greetings and Conference introduction

Title: **Congress inauguration**

Participants: **Authorities**

Type of activity: **Brief speech**

**15:45 - 16:00**

## Greetings from the European Initiative for Exercise in Medicine

Title: **Getting Europe's People and Medicine more physically active**

Participants: **Jürgen Steinacker**

Type of activity: **Brief speech**

## SESSION 1:

### EXERCISE IN MEDICINE (live streaming on socials)

CHAIRS: **Andrea Ermolao and Jürgen Steinacker**

**16:00 - 16:15**

Title: **Exercise Is Medicine: a global and inclusive alliance for a healthier world**

Participants: **Robyn M. Stuhr**

Type of activity: **Presentation (15 min)**

**16:15 - 16:30**

Title: **The healthy hospital**

Participants: **J. Hans Zwerver**

Type of activity: **Presentation (15 min)**

**16:30 - 16:45**

Title: **Evaluating the implementation of physical activity in health settings**

Participants: **Mark Stoutenberg**

Type of activity: **Presentation (15 min)**

**16:45 - 17:15**

Title: **Financial aspects of physical activity interventions from a medical and economical perspective**

Participants: **Willem van Mechelen & Martina Celidoni**

Type of activity: **Presentation (15+15 min)**

**17:15 - 17:30** Discussion

## SESSION 2:

### YOUNG INVESTIGATORS (live streaming on socials)

CHAIRS: **Francesca Battista and Matthew Herring**

**17:30 - 18:45**

Title: **Young Investigator contributions: oral presentations of young investigators: best abstracts!**

Participants: **3 clinical abstracts; 3 exercise-related abstracts**

Type of activity: **6 min of short presentations + 3 min discussion each**

**EIM STARTS RUNNING: Sports event and homeland security promoted by the State Police and the city of Padova**

**20:30 - 21:30**

Title: **EIM meets CORRI X PADOVA and PINK RUN**

Participants: **Open to all (registered and non-registered)**

Type of activity: **Social sports event - Become physically active with EIM and discover the beautiful Padova**

<https://padovanet.it/famiglia-sociale-e-sport/corri-x-padova>

<https://www.pinkrun.it>





# 10<sup>th</sup> EIEIM CONFERENCE PADOVA 2022

**DAY 2** MORNING SESSION  
28 10 22 - from 08:30 to 12:30

MOTORE  
SANITA

**08:00 - 08:30**

Conference registration

**08:30 - 08:40**

Greetings

Title: **Mission and vision of EIM-Italy**

Participants: **Andrea Ermolao / Roberto Vettor**

Type of activity: **Brief speech**

**SESSION 3:**

**Basic science for adapted exercise prescription**

**CHAIR: Wilhelm Bloch and Roberto Vettor**

**08:40 - 08:45**

Title: **Pills of history @ Unipd**

Participants: **Fabio Zampieri**

Type of activity: **Brief speech**

**08:45 - 09:15**

Title: **Adapted exercise training as molecular target therapy for chronic diseases**

Participants: **Marco Sandri**

Type of activity: **Presentation (20 min) + Discussion**

**09:15 - 09:45**

Title: **Sarcopenia: From pathophysiology to exercise training interventions**

Participants: **Marco Narici**

Type of activity: **Presentation (20 min) + Discussion**

**09:45 - 10:15**

Title: **Exercise is Medicine: From molecular to functional adaptations**

Participants: **Charlotte Suetta**

Type of activity: **Presentation (20 min) + Discussion**

**Healthy break: 10:15 - 10:45**

**SESSION 4:**

**Digital health and artificial intelligence for EIM;**

**CHAIR: Josef Niebauer and Giacomo Pucci**

**10:45 - 10:55**

Title: **Video message form Exercise is Medicine Initiatives all over the world**

Participants: **EIM-National Center**

Type of activity: **Video**

**10:55 - 11:00**

Title: **Pills of history @ Unipd**

Participants: **Fabio Zampieri**

Type of activity: **Brief speech**

**11:00 - 11:30**

Title: **Sensor monitoring and digital health in diabetes**

Participants: **Alberto Maran and Martina Vettoretti**

Type of activity: **Presentation (20 min) + Discussion**

**11:30 - 12:00**

Title: **Big data analyses for exercise implementation strategies**

Participants: **Silvano Zanuso**

Type of activity: **Presentation (20 min) + Discussion**

**12:00 - 12:30**

Title: **The implementation and impact of Moving Medicine: An e-health resource for promoting physical activity**

Participants: **Rebecca Gould**

Type of activity: **Presentation (20 min) + Discussion**

**12:30 - 12:45**

Title: **Keywords: engagement, empowerment, and exercise**

Participants: **Antonio Colangelo**

Type of activity: **Presentation (15 min)**

**Lunch break: 12:45 - 13:45**

**Poster-session: 12:45 - 14:00**

**CHAIR: Giulia Quinto and Giuseppe Marcolin**



**SESSION 5:**

**Exercise modalities in clinical settings**

**CHAIR: Yannis Koutedakis and Yannis Pitsiladis**

**14:00 - 14:10**

Title: **Video message from Exercise is Medicine Initiatives all over the world**

Participants: **EIM-National Center**

Type of activity: **Video**

**14:10 - 14:15**

Title: **Pills of history @ UNIPD**

Participants: **Fabio Zampieri**

Type of activity: **Brief speech**

**14:15 - 14:40**

Title: **Exercise training for patients with obesity: what is best for which outcome?**

Participants: **Jean-Michel Oppert**

Type of activity: **Presentation (20 min) + Discussion**

**14:40 - 15:05**

Title: **Exercise modalities for patients with cancer**

Participants: **Rob Newton**

Type of activity: **Presentation (20 min) + Discussion**

**15:05 - 15:30**

Title: **Supplemental oxygen for exercise training in COPD**

Participants: **Daniel Neunhäuserer**

Type of activity: **Presentation (20 min) + Discussion**

**15:30 - 16:00**

Title: **Thrilling duel: endurance versus strength training in clinical settings**

Participants: **Dominique Hansen and Josef Niebauer**

Type of activity: **Thrilling duel (20 min) + Discussion**

**Healthy break: 16:00 - 16:30**

**SESSION 6:**

**Functional evaluation with innovative cardiopulmonary exercise testing**

**CHAIR: Roberto Franco Enrico Pedretti and Daniel Neunhäuserer**

**16:30 - 16:40**

Presentation title: **Video message from Exercise is Medicine Initiatives all over the world**

Participants: **EIM-National Center**

Type of activity: **Video**

**16:40 - 16:45**

Title: **Pills of history @ UNIPD**

Participants: **Fabio Zampieri**

Type of activity: **Brief speech**

**16:45 - 17:15**

Title: **Why and how measuring cardiac output during exercise**

Participants: **Marco Guazzi**

Type of activity: **Presentation (20 min) + Discussion**

**17:15 - 17:45**

Title: **Can transcutaneous gas analysis bring CPET to the next level?**

Participants: **Janos Porszasz**

Type of activity: **Presentation (20 min) + Discussion**

**17:45 - 18:15**

Title: **What can the recovery tell us about patients' functional limitations?**

Participants: **Matthias Wilhelm**

Type of activity: **Presentation (20 min) + Discussion**

**18:15 - 18:30**

**Closing Day 2**

Title: **To sum-up: the young perspective**

Participants: **Sara Ortolan, Veronica Baiocatto, Federica Duregon, Carolin Knoke, Laura Bortoloni (graphical recording)**

Type of activity: **Graphical day summary**

**Dinner upon invitation: 20:00 - 23:00**



# 10<sup>th</sup> EIEIM CONFERENCE PADOVA 2022

**DAY 3 MORNING SESSION**  
**29 10 22 - from 08:30 to 12:30**

MOTORE  
SANITA

**08:00 - 08:30**  
Conference registration

**SESSION 7:**  
**Exercise prescription and environmental conditions**  
**CHAIR: Hannes Gatterer and Ruediger Reer**

**08:30 - 08:40**  
Title: **Video message from Exercise is Medicine Initiatives all over the world**  
Participants: **EIM-National Center**  
Type of activity: **Video**

**08:40 - 08:45**  
Title: **Pills of history @ UNIPD**  
Participants: **Fabio Zampieri**  
Type of activity: **Brief speech**

**08:45 - 09:15**  
Title: **The impact of ambient conditions on exercise and sports**  
Participants: **Paolo Emilio Adami**  
Type of activity: **Presentation (20 min) + Discussion**

**09:15 - 09:45**  
Title: **Risks and benefits of clinical exercise interventions in mountains**  
Participants: **Marco Vecchiato and Nicola Borasio**  
Type of activity: **Presentation (20 min) + Discussion**

**09:45 - 10:15**  
Title: **Is free and scuba diving feasible for patients with chronic diseases? Risks and benefits**  
Participants: **Gerardo Bosco**  
Type of activity: **Presentation (20 min) + Discussion**

**Healthy break: 10:15 - 10:45**



To obtain the CME credits on site attendance is required

**SESSION 8:**  
**Sports and Exercise in Medicine: Where we are and where to go**  
**CHAIR: J Hans Zwerver and Mark Stoutenberg**

**10:45 - 10:55**  
Title: **Video message from Exercise is Medicine Initiatives all over the world**  
Participants: **EIM-National Center**  
Type of activity: **Video**

**10:55 - 11:00**  
Title: **Pills of history @ UNIPD**  
Participants: **Fabio Zampieri**  
Type of activity: **Brief speech**

**11:00 - 11:15 (ECM)**  
Presentation: **Sports and exercise medicine in Europe and the advances in the last decade**  
Participants: **Theodora Papadopoulou**  
Type of activity: **Introductive overview**

**11:15 - 11:45 (ECM)**  
Title: **Sports and exercise medicine: Future perspectives and next steps**  
Participants: **Fabio Pigozzi, Juergen Steinacker, Andrea Ermolao, Theodora Papadopoulou, Josef Niebauer**  
Type of activity: **Round table - moderated discussion**

**11:45 - 12:00 (ECM)**  
Title: **Exercise specialists in healthcare settings: a European perspective**  
Participants: **Yannis Pitsiladis**  
Type of activity: **Introductive overview**

**12:00 - 12:30 (ECM)**  
Title: **Physiotherapists and exercise professionals: bridge the gap for patients' health**  
Participants: **Federico Schena, Yannis Pitsiladis, Dominique Hansen, Alfonc Baba**  
Type of activity: **Round table - moderated discussion**



**Healthy breaks: 12:30 - 13:00**

**SESSION 9:**

**The impact of nutrition for adapted exercise prescription**  
**CHAIR: Deodato Assanelli and Franco Giada**

**13:00 - 13:10**

Title: **Video message from Exercise is Medicine Initiatives all over the world**

Participants: **EIM-National Center**

Type of activity: **Video**

**13:10 - 13:15**

Title: **Pills of history @ UNIPD**

Participants: **Fabio Zampieri**

Type of activity: **Brief speech**

**13:15 - 14:00 (ECM)**



Title: **Interaction of diet, genetic alterations and exercise on cardiovascular risk factors in adolescents**

Participants: **Marcela González-Gross**

Type of activity: **Presentation (20 min) + Discussion**

**14:00 - 14:45 (ECM)**



Title: **Anabolic resistance in older adults: the role of protein and exercise**

Participants: **Tatiana Moro**

Type of activity: **Presentation (20 min) + Discussion**

**14:45 - 15:00 ECM QUESTIONNAIRE**

**SPONSORED SESSION:**

**CHAIR: Marcela González-Gross and Theodora Papadopoulou**

**15:00 - 15:15**

Title: **Train the Largest team ever: how physical activity affects microbiota and promotes body health**

Participants: **Alessandro Portolan**

Type of activity: **Presentation (15 min)**

**15:15 - 15:30**

Title: **Quickness in the answer: assessing tetrapolar hand to hand bioimpedance reliability for fast body composition analysis**

Participants: **Antonio Molina**

Type of activity: **Presentation (15 min)**

**15:30 - 15:40**

Title: **Award for best oral communication**

Participants: **Andrea Ermolao, Juergen Steinacker, Ayomide Folorunso (Team Fiamme Oro - Polizia di Stato)**

Type of activity: **Awarding**

**15:40 - 15:50**

**Conference closing**

Title: **To sum-up and perspectives of EIM**

Participants: **Andrea Ermolao, Juergen Steinacker**

Type of activity: **Brief speech**



To obtain the CME credits on site attendance is required



# 10<sup>th</sup> EIEIM CONFERENCE PADOVA 2022



## EVENT SITE

### BOTANICAL GARDEN

Via Orto Botanico, 15, 35123 Padova PD  
<https://www.ortobotanicopd.it/en>

## GETTING TO THE EVENT

- **By plane:** Venice Marco Polo airport (VCE) is about 40 km far from Padova - the city centre can be easily reached by taxi or public transport
- **By train:** The railway station is close to the city centre. You can get to the Botanical Garden by tram (leaving every 10 minutes from the railway station - stop n. 12-Santo)
- **By car:** There are parking facilities surrounding Prato della Valle. Other parking options nearby are:  
Piazza Rabin Car Park (entrance from via 58° Reggimento Fanteria Brigata Abruzzi): 1.00 €/hr  
On-street parking (delimited by blue lines): rates range from 1.10 €/hr to 1.70 €/hr  
Free car parks are available outside the city centre. From there, you can reach the Botanical Garden by public transport:  
via Bembo Parking - from Tangenziale Est (beltway) take exit n. 11 (Via Bembo). Bus line 3  
via Piovese Parking - from Tangenziale Est (beltway) take exit n.12 (Via Piovese). Bus lines 16 or 5

## FIND TOURISTIC INFORMATION ABOUT OUR CITY AND ITS NEIGHBOURS

- <https://www.turismopadova.it/en/>
- <https://www.planetware.com/tourist-attractions/padua-i-vn-pd.html>
- [http://www.up.aci.it/padova/IMG/pdf/City\\_Guide\\_of\\_Padua.pdf](http://www.up.aci.it/padova/IMG/pdf/City_Guide_of_Padua.pdf)
- <https://travel.svacic.com/en/map/badua-printable-tourist-map-city2030>

## FEEL FREE TO CONTACT US:

[info@exerciseismedicine.it](mailto:info@exerciseismedicine.it)  
<https://exerciseismedicine.it>

## HOTEL EUROPA

Largo Europa, 9/10, 35137 Padova PD  
<https://www.hoteleuropapd.it/>



#### TICKET FEE

• <b>Onsite Standard fee</b>	<b>150,00€</b>
• <b>Onsite fee for Students, Residents Physicians, EIM Italy members</b>	<b>100,00€</b>
• <b>Online fee</b>	<b>100,00€</b>

#### PRE-REGISTRATION

During the pre-registration via [this zoom form](#) you will be asked to choose how you would like to attend the event (onsite or online). Once registered you will be sent a pre-registration confirmation. Actual registration for the conference will only occur once payment is received.

#### PAYMENT METHODS

- **BANK TRANSFER**

**IT18Y0306909606100000072652**

**Company Name: PANACEA SCS**

Please make sure to mention the name of the event and the participant's name in the purpose of payment field.

- **PAYPAL PAYMENT:** online payment opens on September 30, 2022

Online sale with Paypal will be available [HERE](#).



**Deadline Submission: 30th September, 12.00 CET**

**Topic: clinical exercise medicine and sport sciences**

**Award: the best oral presentation of each topic will be selected for the award ceremony**

## RULES FOR SUBMISSION

- Submit your abstract sending it via mail at: [info@exerciseismedicine.it](mailto:info@exerciseismedicine.it)
- Email object must contain "Abstract EIEIM 2022 – Topic – Title"
- The Author may suggest a preferred type of presentation (oral or Poster), however the final decision lies upon the Scientific Committee.
- The first named author should present the abstract. All authors must approve the submitted abstract.
- The Speaker commits himself to attend the Conference. In case of unforeseeable circumstances preventing the Speaker from attending the Conference, a Speaker's substitute will be accepted at any time.
- The primary focus and substance of the submitted abstract must be novel. The abstract must not have been published as a full manuscript in a scientific medical, or professional publication at the time of submission.
- The abstract must be written in English.
- The Abstract that describes general topics or reviews/meta-analyses will not be considered. Case reports are accepted for Poster presentation.
- For oral powerpoint presentations, speakers agree to pay registration fees and any other costs associated. The acceptance of the Abstract and the printing on the Final Programme will be subordinated to the payment of the registration fee.
- The abstracts will be published online on the EIM-Italy Web-page. Authors can decline this publication by specific request.

## INSTRUCTIONS FOR AUTHORS – ABSTRACT STRUCTURE

- Title: brief and specific, maximum 80 characters in capitals. The title has to reflect the paper content and must not include abbreviations.
- Authors: Write the entire surname followed by the initial(s) of the name, without titles.
- Affiliation: The affiliation for every Author has to be reported concisely: workplace, city, country.
- Text: The maximal length is 4000 characters, spaces included. Abstracts with expressions such as "results will be discussed during the presentation", or "results will be presented", will not be accepted. Text should be structured according to the scheme:  
Introduction, Aim, Methods, Results (1 table/figure allowed), Conclusions. A maximum of three (3) references at the end of the text is allowed.

## INSTRUCTIONS FOR AUTHORS – ORAL POWERPOINT PRESENTATION

Speakers need to prepare a maximum 6 Slides PowerPoint Presentation (including the Title one); during Live session speakers have 6 minutes (this timing should be strictly respected) to present their work and 3 minutes discussing at the end of each abstract presentation.

## INSTRUCTIONS FOR AUTHORS - POSTER

We recommend to prepare Poster as a single PDF page format (594 x 841 mm, A1 format). Create your document on Powerpoint with an orientation Landscape Layout 16 x 9 and save it as a PDF file.

Declaration of interest is mandatory but does not need to be inserted when preparing your Poster. Important fields to include in your PDF layout: Title, author(s), address (at upper edge, across the width the whole poster), Purpose, Methods, Results and Conclusions.

The text should be broken up by the inclusion of drawings and/or photos. The use of colour makes the poster more attractive and effective.



## ADDITIONAL INFORMATION FOR ITALIAN HEALTHCARE PROFESSIONALS ATTENDING THE CONFERENCE

L'EVENTO È APERTO PER N. 150 ISCRITTI PER TUTTE LE CATEGORIE PROFESSIONALI

**N 2.1 CREDITI ECM per la giornata del 29 Ottobre**

Ai fini dell'attestazione dei crediti ECM è necessaria:

- la partecipazione in presenza degli iscritti, al 90% dell'intera durata delle attività formative, con verifica tramite firma di frequenza in entrata e in uscita;
- la compilazione e restituzione alla segreteria della scheda di valutazione/gradimento e della scheda anagrafica.

**Provider id. 1884 - Dipartimento di Medicina – DIMED**

Palasanità – Stanza n. 46

Tel. 049.8218689-8793

Email: [providerem.dimed@unipd.it](mailto:providerem.dimed@unipd.it)





10<sup>th</sup> EIEIM  
CONFERENCE  
PADOVA 2022



WITH THE PATRONAGE  
AND THE COLLABORATION OF



REGIONE DEL VENETO



UNIVERSITÀ  
DEGLI STUDI  
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REGIONE DEL VENETO  
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