



adi

Associazione dottorandi  
e dottori di ricerca in Italia

# PhD Welcome Day

November 28<sup>th</sup>, 2019, h17-19

AUDITORIUM, ORTO BOTANICO, PADOVA

ADI – Associazione Dottorandi e Dottori di  
Ricerca in Italia  
[www.dottorato.it](http://www.dottorato.it)

## Nicola Dengo

PhD students' representative

Senato Accademico *Academic Senate*

[nicola.dengo@phd.unipd.it](mailto:nicola.dengo@phd.unipd.it)

**ADI – Associazione Dottorandi e Dottori di Ricerca in Italia**

FB ADI Padova

WEB [www.dottorato.it](http://www.dottorato.it)

MAIL [padova@dottorato.it](mailto:padova@dottorato.it)



**ADI Padova**

Pagina

Padova

Mi piace: 1648

## ADI

Association of PhD students, PhDs and young researchers in Italy  
Unwaged volunteers  
Independent

Representative and cultural actions



**ADI - Associazione Dottorandi e Dottori di  
Ricerca in Italia**

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Organizzazione no-profit  
Mi piace: 24.898



**ADI Padova**

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Padova

Mi piace: 1606

# A quick overview on

Governance and students' representatives

Rights and duties (something more about)

Opportunities (something more about)

Advices from seniors

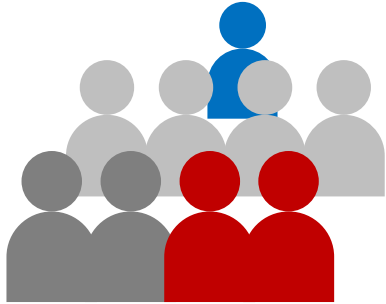
## A quick overview on

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Opportunities (something more about)

Advices from seniors      **come ask for more info**

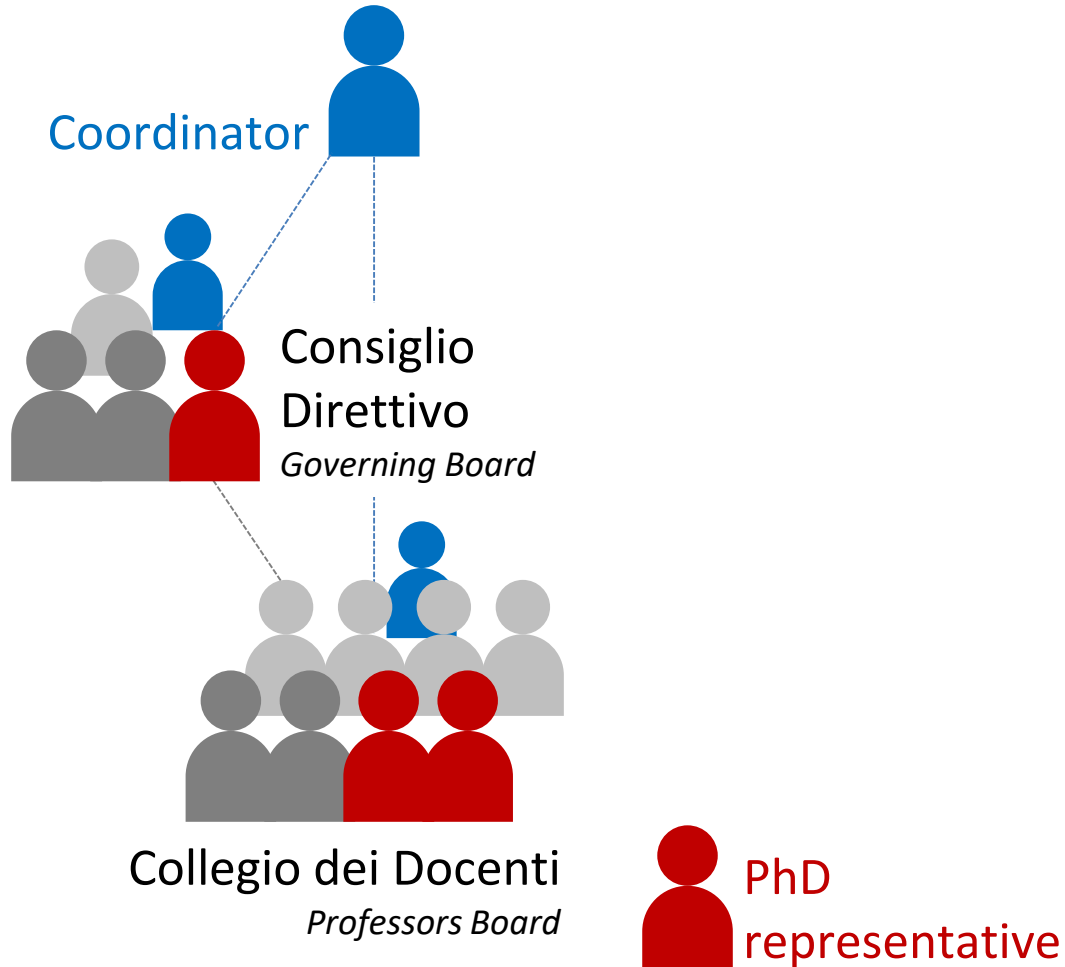


# Governance and students' representatives

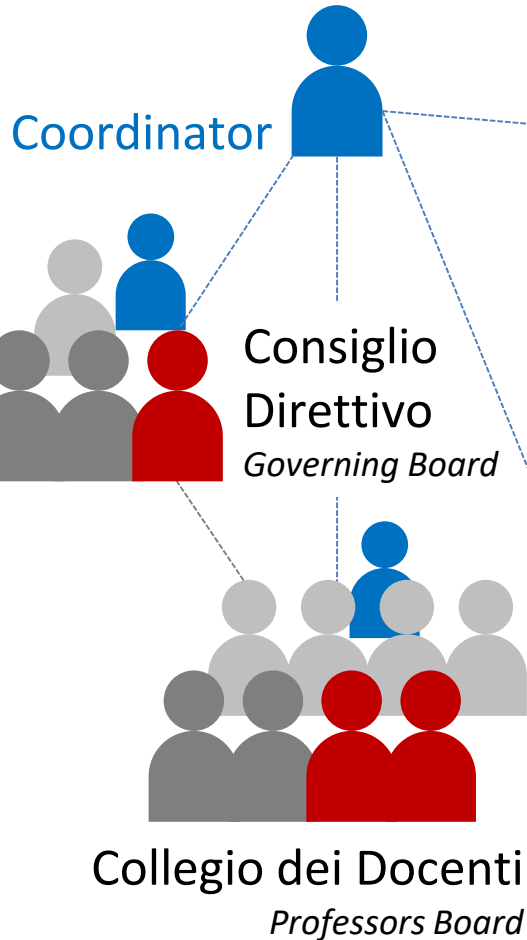
How the decision-making works

Who to address to solve issues and give suggestions

## PhD course



## PhD course



## *inter-PhD course*



## PhD course

## *inter-PhD course*

Coordinator

Consiglio  
Direttivo

*Governing Board*

Collegio dei Docenti

*Professors Board*

Consulta dei  
Coordinatori

*Coordinators Board*

Consiglio di  
Dipartimento

*Department Board*

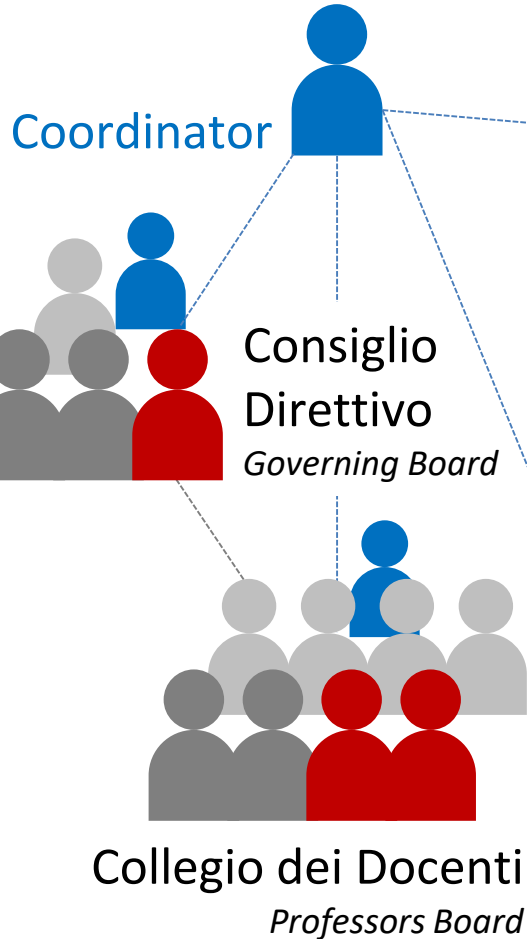
**ELECTIONS  
SOON!**



PhD  
representative



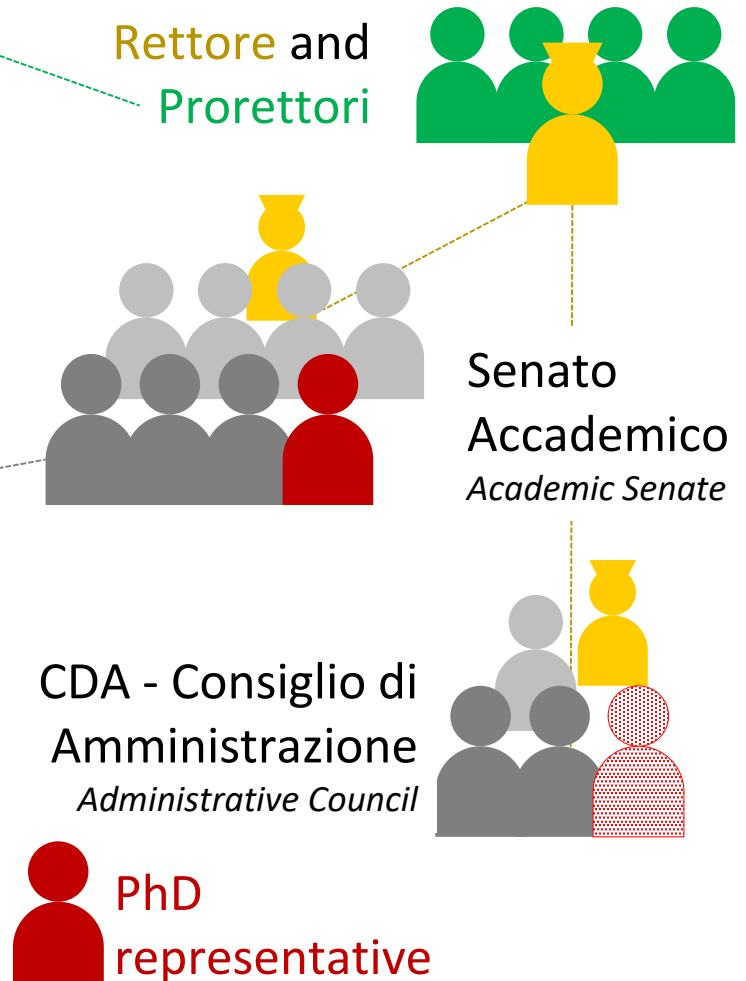
## PhD course



## inter-PhD course

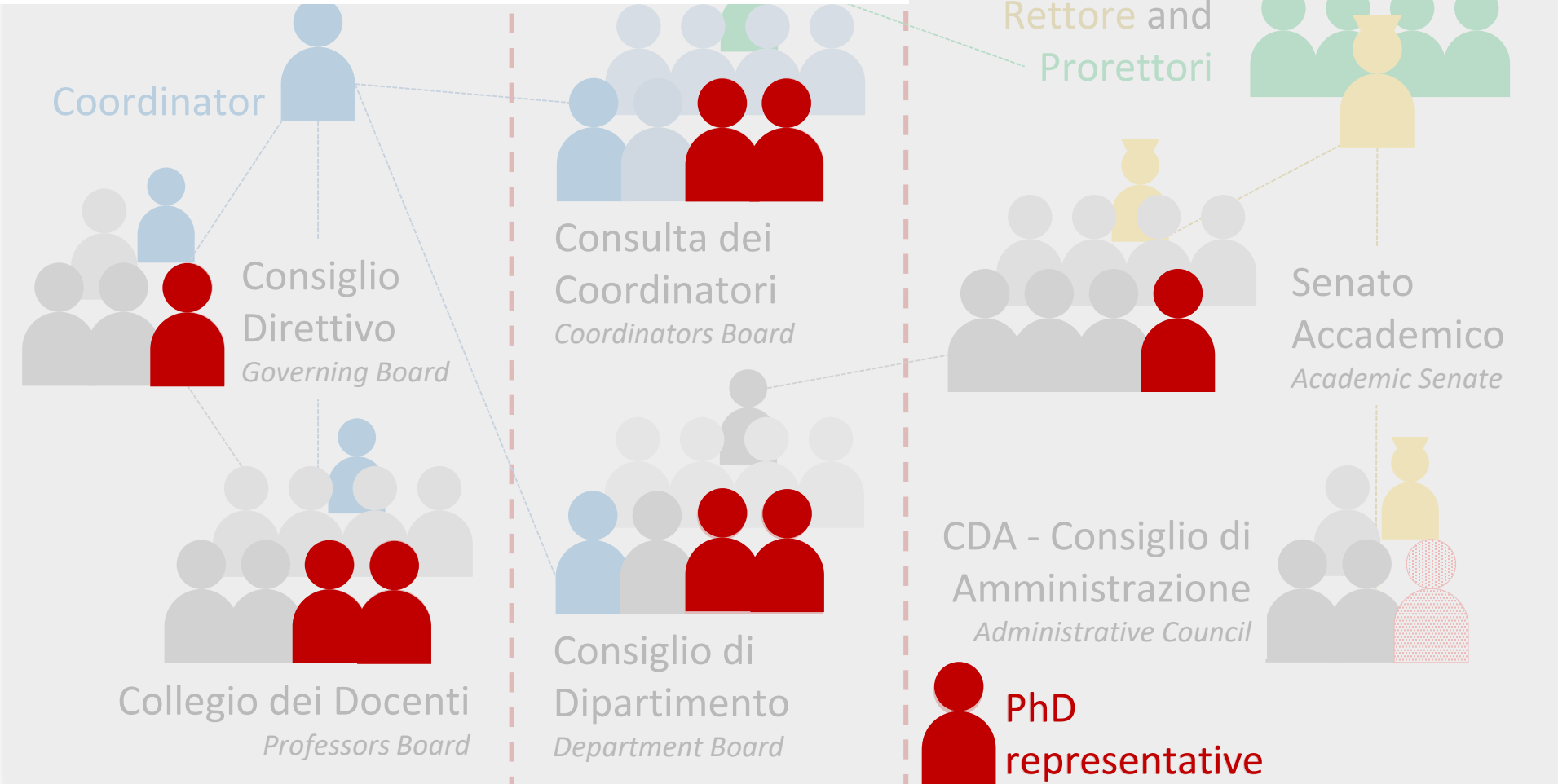


## University





The interaction with the governance is important  
**Take action!**





**Giuseppe  
Naglieri**

**eurodoc**

The European Council of Doctoral  
Candidates and Junior Researchers



**Alessandro  
Agostini**



# Rights and duties

(something more about)

## Reasons to be excluded

Doing another work without approval

Disappearing (long unjustified absence)

A bad grade at the annual evaluation

Serious or repeated violations of the ethical guidelines

## Ask for some workspace

An office / a desk / a reserved space on the library

## Ask for your research funds (10%)

+1500 EUR for the second year

+1500 EUR for the third year

Additional funds? Flexible use?

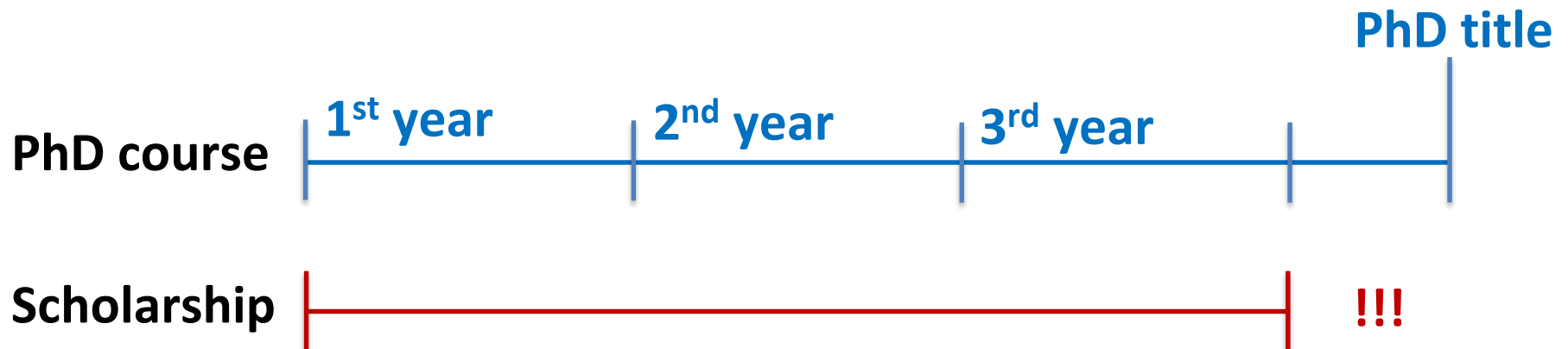
## About your scholarship

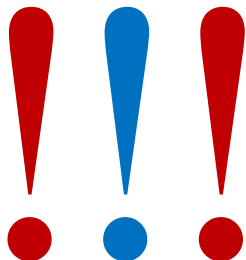
Now 1132 €/month (base)  no automatic updates

Only the regional tax (125-166 €)

Retirement contributions included

Gives you right to **unemployment benefits** 





# Opportunities

(something more about)



## Make your PhD international

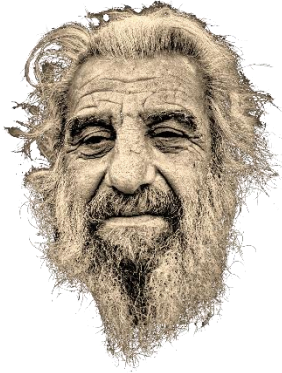
Cotutelle / Doctor Europaeus / +50% bonus

Travel grants [www.unipd.it/borse-premi-studio-laureati](http://www.unipd.it/borse-premi-studio-laureati)

## Teaching activities

Assistant teaching (didattica integrativa) / tutoring

Free access for “24 CFU”



# Advices from seniors

Things I wish I'd known when I started my PhD



# nature

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CAREER COLUMN · 06 NOVEMBER 2018

## Twenty things I wish I'd known when I started my PhD

Recent PhD graduate Lucy A. Taylor shares the advice she and her colleagues wish they had received.

**Dr. Lucy A. Taylor**

## Organization

Decide on your goals / organize your work early

Aim to publish your research

Write down everything - keep track of everything you do

Backup everything!

It's never too early to start writing your thesis

The best thesis is a finished thesis

## Communication

Discuss expectations with your supervisor

Be honest with your supervisor

Attend departmental seminars and lab-group meetings

Present your research

**Socialize with your lab group and other students**

## **Lifestyle and mindset**

Research will not always go according to your plans

Don't compare yourself with others

Never struggle on your own – ask for help

Maintain a healthy work–life balance

Have a life outside work

**Enjoy your PhD!**

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JOIN ADI

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*Meetings: every Tuesday – 7 PM – Osteria del Re Fosco*



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